

Stand Up

(Dave Steffen - Mike Dellger)

I know you been down and lonely
I see you've been depressed for so long
it's such a pity, your head won't shake it.
the time has come for feelin' more strong.

Before you tell me you can't get it on
and days are growin' dark as the night.
I'm gonna show you a little bit of courage
is what you need to make it all right.
You gotta stand up.

It's all so easy. I know it
you see I felt a lot like you.
It took a long time. but I got through it now girl show me what you can do.

The answer's out there.
just open your heart
you needn't be ashamed or afraid.
I'll stand beside you.
help you on the journey
and we can make the loneliness fade.

Stand up.
for the things you believe
and you'll see it's just a matter of time.
Stand up.
put a smile on your face
it'll help you along on the climb.
Stand up.
cause there's a new day comin'
and Truth is about to arrive,
Stand up.
yeah stand up baby.
gonna make you glad you're alive.